A day in the life of…………………………. Date ………………………………….

|  |  |
| --- | --- |
|  | When I wake up…… |
|  | Breakfast… |
|  | Dressing…. |
|  | Getting to school |
|  | At school…. |
|  | After school |
|  | Evenings |
|  | Bedtime |
|  | School Holidays/Weekends |
|  | Medical/Health |